

## **PRAYER FOR ATTACHMENTS AND TRANSFERENCES**

**Lord, I ask You to meet those who have attached to me. Father, gently but firmly take those attachments and connect them directly to You, the source of true life. Take both those I know about and those who may have quietly attached in the spirit without my knowing. May they draw life from You instead. Be with me, Lord, and keep me close to Your heart that I might be an accurate representation to those who need “Jesus with skin on”. Be quick to call me to account or correction so that I am a clear stream from which to drink.**

**Continue to teach me regarding boundaries – theirs and mine! Help me to know what safe boundaries are. Grant me wisdom and an ability to hear from You, and trusted others, where and when to draw a line for someone else. Bring to death any need in me to be needed or to hold some special place in another’s life. (Name and renounce any other needs the Lord reveals which might cloud the counseling relationship and lead to unhealthy attachments and transferences.)**

**Grant me the grace to deal with the transferences that do come. Grant me the wisdom to recognize them as they are happening so that this time might remain a safe “phase” in the healing process. Help me not to get caught up in them, or to respond in wounding ways. When transference occurs, grant me Your patience and love and use it as You see fit to continue healing. Rescue me from believing that I am all the wonderful things others say I am and seem to need me to be. Give me, and all those You put in my path of ministry, the ability to see ourselves as You see us.**

## PRAYER FOR ADDICTS

*Prayers are not formulas; rather, they offer ideas and direction. Be led by the Holy Spirit, and use the substance of this prayer as a guide.*

*(Assuming this counselee has been through treatment and is being honest about not using \_\_\_\_\_.)*

**Lord, I ask You to meet \_\_\_\_\_ in this addiction. As he/she has committed to finding the wounds that made him/her vulnerable to addiction. I ask that You come alongside and carry the overwhelming part of this load. In particular, I ask that You control one craving or the other; either the emotional craving or the physical craving. Lord, stand between, so they both are not allowed to come at the same time.**

**Strengthen his/her spirit to do the hard work of healing; of identifying the structures and patterns that led to this point. Help him/her forgive the ones he/she needs to forgive and receive the forgiveness he/she needs to receive. Guide us who are \_\_\_\_\_'s friends so that we may support without encouraging dependency. Help us be the church to this one and to be family and friends through whom You can bring him/her to the measure of the fullness of the stature of Christ that You designed him/her to be.**

**Grant him/her the wisdom to know when to ask for help and when he/she doesn't really need it. I ask You to minister to the fear, the loneliness and the insecurity. Speak the truth to his/her spirit when he/she feels a weakening. I ask that Your holy angels go with him/her; protect and secure each step of progress. Thank You for walking through the Valley of the Shadow of Death with \_\_\_\_\_. Help him/her build new structures and practices that glorify You.**

## ADOPTION PRAYER

“We say to you in the Name of the Lord Jesus Christ,  
that your life is not a mistake.

God made you out of the love that He is.

He called you into being at the right time and the right place.

He prepared a way for you and gave His life for you.

You are a privilege, not a burden;  
a joy and a delight, not an intrusion.

You belong!

You are a treasure just because you are,  
and not for what you can do.

You are one of the Father God’s children,  
and He delights in you, and we delight in you.

Lord, we ask you to destroy the lies this child has accepted.

We bring them to the cross with every destructive attitude,  
expectation, and personality structure or habit pattern.

We see you, Lord, pouring Your love all about the child

breathing a fresh breath of life into his/her spirit,

wrapping strong welcoming arms about the child,

and inviting him/her to grow into the fullness of his/her own life

restfully as You planned for him/her from the beginning.

We pray that the inner child be enabled to forgive those who wounded him/her.

We also pray that the child himself/herself be forgiven his/her negative responses.

We pour the healing love of Jesus into this wounded spirit like a healing balm.

We ask You to gift \_\_\_\_\_ with a sovereign gift of trust and rest and peace, and

let his/her entire being be integrated with wholeness and harmony

as he/she is reconciled to being who he/she is, where he/she is.

Now, we place the cross of Christ (the stopping place of all sin)  
between \_\_\_\_\_ and his/her parents and his/her parents’ parents

all the way back through his/her generations

declaring that all of his/her inheritance be filtered through the cross.

All decendancy of evil, every curse coming to the child

through his/her family line must stop on that cross.

We ask you, Lord, to hide the child in Your own heart

and to cast light in the eyes of any powers of darkness

that might attempt to oppress or afflict or prevent his/her life.

We stand in the authority of Jesus Christ against such powers.

Finally, we place a blessing in the Name of Jesus on \_\_\_\_\_’s life.

We ask You, Lord, to melt any hardness of the heart,

to strengthen him/her with might in the inner man (spirit),

to enlighten the eyes of the heart,

to open doors for him/her,

to draw him/her to his/her destiny and

to place a mantle of protection on him/her.”

*Used by permission: Paula Sanford, Elijah House (May, 2000)*

FAMILY FOUNDATIONS INTERNATIONAL

## BITTER ROOT PRAYER

*Prayers are not formulas; rather, they offer ideas and direction. Be led by the Holy Spirit, and use the substance of this prayer as a guide. Gender-exclusive references have been used as they would be in a real situation – all are interchangeable.*

**Thank you Lord, that your word tells us in Matthew 16:18, “That the gates of hell shall not prevail against the authority of Jesus” and that we carry your authority.**

**Lord, we know that you are all knowing and all seeing and you know where \_\_\_\_\_’s spirit is imprisoned and why. Lord Jesus, (or Father God, or Holy Spirit, whichever one they relate to the best) we pray that you would go to the place where \_\_\_\_\_’s spirit is imprisoned. \*\*\*\*\* PAUSE and wait for Him to join their spirit in that place \*\*\*\*\***

**Lord, we pray that you would open the door or break the bonds that hold \_\_\_\_\_ captive. Thank you Father that your word promises that Jesus came to set the captives free, and He is here to do that now. Father we ask Jesus to set \_\_\_\_\_ free.**

**Blind the eyes of the enemy that has held her captive. Commission your angels to deal with the powers of darkness. Change \_\_\_\_\_’s identity so she can’t be recognized, make her invisible if necessary. Father, we pray that you will also destroy the place of imprisonment so that it no longer even exists. Sweep away her footprints so the enemy can’t follow.**

**Lord, lift \_\_\_\_\_’s spirit up and hold it close to your heart so she can feel secure enough to accept your love and join with you spirit-to-spirit. Lord, begin to bring \_\_\_\_\_’s spirit to life and restore strength to it and reveal to her that her hope is based solely on Your grace and love.**

**Lord, help \_\_\_\_\_ to experience the joy of your forgiveness. Also, encourage her spirit to join with you spirit-to-spirit and draw strength from you. Lord, we pray that you will resurrect and restore \_\_\_\_\_’s, gifts, talents, energies, and your calling on her life. Restore to her all that has been stolen from her by the enemy. As a seed of Abraham, also restore to \_\_\_\_\_, her inheritance and her birthright.**

**Lord, we pray that you will personally return \_\_\_\_\_’s spirit to her body and soul and re-integrate them properly and completely. Provide for her protection and a hiding place from the enemy.**

***NOTE:** Everyday we must pray to “Choose Life”. We may have a tendency to fall back to sleep so be prepared to repeat this prayer.*

## **PRAYER TO BREAK ANY CURSE ON YOUR LIFE**

*(Especially if the curse has been a result of occult involvement.)*

**Lord Jesus Christ, I believe that You are the Son of God and the only way to God, and that You died on the cross for my sins and rose again from the dead.**

**I give up all my rebellion and all my sin, and I submit myself to You as my Lord. I confess all my sins before You and ask for Your forgiveness – especially for any sins that exposed me to a curse. Release me also from the consequences of my ancestor's sins.**

**By a decision of my will, I forgive all who have harmed me or wronged me – just as I want God to forgive me. In particular, I forgive . . . .**

**I renounce all contact with anything occult or satanic – if I have any “contact objects”, I commit myself to destroy them. I cancel all Satan's claims against me.**

**Lord Jesus, I believe that on the cross You took on Yourself every curse that could ever come upon me. So I ask You now to release me from every curse over my life – in Your Name, Lord Jesus Christ! By faith, I now receive my release and thank You for it.**

From *Blessing or Curse – You Can Choose* by Derek Prince

## PRAYER FOR ONE IN BURNOUT

*Prayers are not formulas; rather, they offer ideas and direction. Be led by the Holy Spirit, and use the substance of this prayer as a guide. Gender-exclusive references have been used as they would be in a real situation – all are interchangeable.*

**Lord, I thank You for Your servant, \_\_\_\_\_ . I ask for Your mercy and grace to be poured over him in abundance. Lord, soften his heart to hear Your call to rest. Touch his ears to hear and his eyes to see the end results of the course he has set.**

**Lord, I do not pray that You strengthen his spirit, because it was that very strength that allowed him to avoid facing the issues of (PI, PO, workaholism). Lord, if strengthening his spirit would help him face the truth, then do so. But if the strength would be used only to drive him further into a hole, I ask that You overload the structures that are the driving force behind the behavior. Lord, bring him to the end of fleshly strength; cause him to lie down by still waters so that You may pick \_\_\_\_\_ up, renew and restore him.**

**Raise up those who can be strong boundaries and bulwarks of protection. In the quietness, minister to the fear, the insecurity, the driving need to please the “father” or whoever he is driven to please. Bring \_\_\_\_\_ to a place of deep rest in You. Thank You for caring so deeply about Your servant that You will not cease in pursuing him.**

*(Pray this prayer, from a distance, for the one in burnout!)*

## PRAYER FOR CAPTIVES

Lord, we thank You for the gift of our spirits, breathed into us by You at conception. Now we ask You to lead us to the place where \_\_\_\_\_'s spirit is. (Wait on the Lord, and describe what He reveals to you.) Father, we ask that You move into this place with \_\_\_\_\_, and lead him/her out. Carry him/her if walking is too difficult.

Lord, I ask You to minister to the wounded spirit and withered "limbs". Massage them, causing the blood to flow again. Pour Your strength in. Pour the oil of You Holy Spirit over the wounds to bring relief. Wrap \_\_\_\_\_ in Your robes of righteousness; cause Your healing to radiate all around through spirit and body. I ask You to declare the boundaries beyond which the enemy may not come. Cause Your brilliance and holiness to shine forth from \_\_\_\_\_ so that the enemy cannot see. Sweep away footprints so the enemy cannot follow. Lord, walk with \_\_\_\_\_ for a while so he/she can lean on You when the legs and the will give out. Give him/her time to gain the strength of body and spirit needed to choose life. At a pace that is right for \_\_\_\_\_, I ask that you also release the gifts, talents, and energies You gave him/her as an inheritance for living a full life. Return \_\_\_\_\_'s stolen birthright.

Now, Father, together we dismiss the enemy. We ask that Your angels be commissioned to deal with the powers of darkness as You see fit. We ask You to bring other guarding angels to protect \_\_\_\_\_. We ask that in Your kindness You seal or destroy the prison (be specific) and blow away all evidence of it with the mighty wind of Your Holy Spirit.

**COME, WOUNDED MOTHER**

*By Paulette Hawkins*

**Go away. Don't look into my eyes, lest you see into my aching heart, into the hole left there when my child was wrenched from beneath it.**

**Don't come any closer, for if you knew, you would turn your face and walk away. And I'd suffer the loss of my child and you.**

*Behold, a Father listens and His Son intercedes:*

*"Set her free.*

*Penetrate the barrier that keeps her from me."*

*He said, "Come" and so I came and poured out my heart.*

*He healed me with love, while together we wept.*

*Forgiveness came, as I whispered His Name.*

*O Come. Come, wounded mother.*

*Come out of yourself.*

*He won't rest 'till His love sets you free.*

## PRAYER OF CONFESSION

**Father God, I confess that I have sinned against you, my neighbor/spouse/friend, and myself by \_\_\_\_\_ . I acknowledge this as sin, for which I am truly sorry and truly repent. I ask your forgiveness in the name of Jesus Christ, the Son of the Living God.**

### *ABSOLUTION*

- 1. In the name of God the Father, God the Son, and God the Holy Spirit, I speak forgiveness to you of your sin. Go and sin no more.**
- 2. Receive the forgiveness of God . . . your sin is as far from you as the east is from the west and is no longer even in God's mind.**
- 3. Almighty God, have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness by the power of the Holy Spirit and keep you in eternal life.**

### *APPROPRIATE SCRIPTURES*

Psalms 130:4	. . . But there is forgiveness with thee (God) . . .
1 John 1:9	. . . If we confess our sins one to another . . .
2 Corinthians 5:19	. . . That God was reconciling the world to himself in Christ . . .
Ephesians 1:7	. . . In Him, we have redemption through His blood . . .
Romans 3:23	. . . For all have sinned and fall short of the Glory of God . . .

## CONCEPTION TO BIRTH PRAYER

Come Holy Spirit, fill this room with Your love and Your peace and Your guidance. We bind all enemies of Christ from disrupting in any way.

### *Conception*

Father, we thank you that your word says that before we were formed in our mother's womb, you knew us. Thank you that you knew \_\_\_\_\_. You planned for him/her and that your one purpose is for \_\_\_\_\_ to live in a loving relationship with you forever. Lord, I ask that you would take \_\_\_\_\_ back to that time of conception when the sperm met the egg, and he/she was formed, and no one else in the whole world knew he/she was there except you and \_\_\_\_\_. It was your secret. Lord, shine your light into that womb, dispel any darkness. Fill it with your light, your presence and your peace. Let the light of Your Holy Spirit fill that womb.

\_\_\_\_\_, hear Him call your name. You were chosen before the foundation of the world. Scripture says "Before I was born the Lord called me; from my birth He has made mention of my name." Even though He has chosen parents for you and placed you in a family, God is and always will be your parent.

### *First Month*

\_\_\_\_\_, at this time your body was formed. God tells us that He created your inmost being; He knit you together in your mother's womb.

### *Second Month*

By the end of this month, \_\_\_\_\_ it was evident what sex you were going to be. There's nothing you can do to gain God's approval. He already approved of you and your sexual identity from the very beginning. "Before I formed you in the womb, I knew and approved of you." This is what the Lord says – "He who made you, who formed you in the womb and who will help you: Do not be afraid". At the 50<sup>th</sup> day you changed from embryo to fetus. May the Spirit be the buffer between any negative thought or emotions in the mother's life.

### *Third Month*

Now \_\_\_\_\_, you are a human being created by God. Praise Him because you are fearfully and wonderfully made. Marvelous are His works . . . (Psalms 139:14)

### *Fourth Month*

Your Mother felt your movement for the first time. "God, who gives life to all things . . ." (1 Timothy 6:13). I pray for all the gifts, talents and tools \_\_\_\_\_ will need to become the person God created him/her to be.

### *Fifth Month*

Your mother is beginning to show. Lord, at this time I claim healing of emotions for \_\_\_\_\_ and his/her mother. Lord, we thank you for (mother's name) and for the life and nourishment that is being given to \_\_\_\_\_ by her. By now all your internal organs except the lungs are fully developed.

## **CUTTING FREE PRAYER**

By Francis MacNutt

*To be said following ministry:*

**Lord Jesus, thank you for sharing with us your wonderful ministry of healing and deliverance. Thank you for the healings we have seen and experienced today. We realize that the sickness and evil we encounter is more than our humanity can bear. So cleanse us of any sadness, negativity or despair that we may have picked up.**

**If our ministry has tempted us to anger, impatience or lust, cleanse us of those temptations and replace them with love, joy and peace. If any evil spirits have attached themselves to us or oppressed us in any way, we command you, spirits of earth, air, fire or water, of the netherworld, or of nature, to depart now and go straight to Jesus Christ, for Him to deal with as He will.**

**Come Holy Spirit, renew us, fill us anew with Your power, Your life and Your joy. Strengthen us where we have felt weak and clothe us with your light. Fill us with life.**

**And Lord Jesus, please send your holy angels to minister to us and our families and guard us and protect us from all sickness, harm and accidents. Give us a safe trip home. We praise you now and forever, Father, Son and Holy Spirit, and we thank you for setting us free. Amen.**

## DELIVERANCE PRAYER

*(This is a simple prayer but not always simple to do. You may want to use the Sword of the Spirit to cut roots, bits and pieces away. Don't forget your thanksgiving prayers!)*

**I take authority over you spirit of \_\_\_\_\_ in the name of Jesus Christ. I bind you and all your aspects together and command that you leave \_\_\_\_\_ and go straight to Jesus. \_\_\_\_\_ belongs to Jesus Christ and is covered by His blood and you have no right to him/her so leave without hurting him/her and go to the place Jesus has for you.**

**I ask Jesus to fill \_\_\_\_\_ with the Holy Spirit to take up all space vacated by evil spirits.**

**Thank you Lord, for setting \_\_\_\_\_ free from these spirits. Keep him/her surrounded with your angels and covered with your blood. Strengthen him/her to stand against any of these spirits as they try to re-enter. Empower him/her to remain free of any demonic influence. Thank you for your love and power. Amen.**

## PRAYER FOR DEPRESSION

### **PRAYER MINISTER:**

By the power of Jesus Christ, through His shed blood and the Holy Word of God, I bind the power of *the Strongmen (Infirmity, Bondage)*, and all of their manifestations, depression, spirit of heaviness, and all dominions of darkness seeking entrance into \_\_\_\_\_.

I bind any demonic assignments spoken or sent against \_\_\_\_\_, and pronounce them to be of no effect. For this reason was the Son of God made manifest, to destroy all the works of the devil.

I proclaim the ways and works of depression over \_\_\_\_\_ to be broken. I bind the satanic forces of nature from harming the property where \_\_\_\_\_ resides.

Father, I ask You to dispatch the presence and power of Your Holy Spirit and Your Holy Angels to drive the spirit of depression from \_\_\_\_\_, and to cleanse those places where the enemy has gained a foothold.

Holy Spirit, come and manifest as a cleansing fire, in the name of Jesus Christ. In Jesus name, we resist and break all curses, hexes, spells and all other demonic powers of the strongmen and their manifestations sent against \_\_\_\_\_ or transferred through the generational bloodline.

I apply the blood of Jesus Christ to break all strongholds of iniquity and rebellion in \_\_\_\_\_. I take up the sword of Your Word, dipped in the blood of Jesus and cut \_\_\_\_\_ free from the bondage of generational strongholds and ungodly character defects. I claim the full protection of the shed blood of Jesus Christ, over \_\_\_\_\_. Thank You Lord, for Your protection. AMEN.

### **CONSELEE:**

Thank You Lord that You will awaken my sleeping spirits and bring me into the light.  
Thank You Lord that You will transform me by the renewing of my mind daily in Christ Jesus.  
Thank You Lord that You will pour out Your Spirit on me and reveal Your Word to me.  
Thank You Lord that You will give Your angels charge over me in all my ways.  
Thank You Lord that I believe in You, and from my innermost being shall flow rivers of living waters.  
Thank You Lord that You will direct my heart into the love of God and the steadfastness of Jesus Christ.  
In the name of Jesus Christ. AMEN.

By wisdom a house is built, and through understanding it is established.

Proverbs 24:3

## **PRAYER TO END STRIVING**

### **Performance Orientation**

**Lord, I have come to see my performance orientation. I confess to You that although my head believes salvation is by grace, my heart drives me to earn favor, to be “good enough” to present myself to others and to You. I admit that I cannot change myself. The fear of not being accepted or loved is so overwhelming it puts me into gear and I begin performing again. When acceptance is given with no strings attached, I cannot receive it. I ask You into my heart to do the work in me, for me. Bring my striving to death. I want to rest in Your love. Help me remove the hindrances I have erected which prevent me from entering into Your love.**

**Lord, I have been angry with You for putting me into this family, this position. I don't want my anger to keep me from You, so I ask that You restore my heart. I forgive my family for \_\_\_\_\_. (List the woundings that helped form performance orientation and those that fueled it.) I ask Your forgiveness for my angry responses, my fear and insecurity, my impure motives, and for not believing the truth.**

**Lord, I renounce the family lies: (Name them specifically.)**

**I accept my identity as Your child. Help me learn how to live that identity in my daily life. Help me to feel, to know within me that “success” is simply being Your child. Help me to be like You, Lord.**

**I ask You to bring to death in me the structures, the habit patterns of performing I have created: \_\_\_\_\_**

**I ask You to minister to the ambivalence in me when I want correction but cannot receive it, or when I want and need compliments but cannot believe them. Likewise, be the Lord of my tongue so that wisdom and kindness permeate the corrections and compliments I give. Help me to take my eyes off my needs and fears.**

**Lord, I resign from managing the universe. I give to You my compulsive need to control people and situations. I recognize I have wounded \_\_\_\_\_ (list those you know) by not affirming their contributions – I always had to edit, add or correct. I could always do it better. Forgive me, Lord, for both my insecurity and my arrogance, as well as for the wounds I have caused. Help me to believe I am not responsible for all that goes on around me. Forgive me for always being a “Martha” and help me to hear when You call me to be a “Mary”. Show me where I have taken on jobs or duties for the wrong reasons, and give me the wisdom to resign from them if necessary.**

**Help me to fall so in love with You, Jesus, that what others think of me is not important. You have said that it is You working in us that enables us first to will and then to act according to Your good purposes. I want to be a good workman, but only with Your strength and Your will. Help me to be like You, Lord.**

## PRAYER OF FORGIVENESS

(We will use the term "her," rather than trying to use him/her.)

### **Part I: Hold up to the Lord all the things about the person that trouble you.**

Have the person with whom you are praying hold up to the Lord all the things a particular person has done that bothers her. I tell my clients, "I want you to put your hands together and pile up, in your hands, all the things you are going to list to give to the Lord. For example, if it is your father, list and name those things that upset you about him. It is important to verbally state each thing as you are placing them in your hands." When the person is finished (and do ask if they are finished) tell her to turn her hands over and release all of these things to the Lord. At this point, I pray a prayer similar to this:

**PRAYER:** Lord Jesus, we give you each one of these things and ask that you take them and pour your love and healing power through them. We thank you, Lord, that you have the power and the grace to redeem them. We ask you, Lord Jesus, to lift all the pain and hurt that has been involved with each one of these things, that you lift it from (person's name) heart, from her mind, from her spirit. We ask that you lift the burden of these things from her shoulders. We give all this to you, Lord, and we trust you to deal with them. Thank you, Lord, for taking each one of these things. Amen.

### **PART II: Hold up to the Lord all the things about you that trouble this person.**

Have the person with whom you are praying put her hands together again and hold up all those things about herself that may trouble the person she is forgiving. Have her offer up those things about her that might trouble the other person. Then, have her go through the same process of verbally listing these things and piling them up, one by one, in her hands. When she can't think of anything else, I ask her to turn her hands over and release these things to the Lord. Now, I pray the same type of prayer:

**PRAYER:** Lord Jesus, we ask you to pour your love and healing power over these things. We ask you to take them, and we thank you for taking them, dealing with them, and releasing this burden from (name). We trust you to heal this hurt and pain. Amen.

### **Part III: Hold up to the Lord your heart's desire for this person.**

Have her hold that particular person up to the Lord and share with the Lord what the desire of her heart is for this person. Say, "Lord, this is my Dad and this is what I would like for you to do with my Dad." (If the person has died, it's still okay to lift up the person and share with the Lord what the desire of your heart is for him.) Have her list those things, placing them in her hands. When she is finished, have her turn her hands over and give them all to the Lord, just as before. At this point, I pray something like:

**PRAYER:** Lord, we give (name) to you. We thank you that you are able to handle him better than anyone else. Bring about your perfect will for (name) and let your love pour into him and your healing power flow over him. We release him into your care. Amen.

### **Part IV: Hold up to the Lord your hearts' desire for yourself.**

Lastly, have the person hold herself up to the Lord and share with Him what the desires of her heart are for herself, what she would really like to see Jesus do in her life today. Have her say these things out loud, puts them into her hands and release them.

**PRAYER:** Lord, we release these things to you and ask that you pour your love, mercy and grace into them. We thank you that (name) trusts you with these things. Surround her with your heavenly angels. Help her to know how much you love her. Amen.

**PRAYER FOR FORGIVING FATHER AND MOTHER**

*Lord, give me divine objectivity that will enable me to forgive my father and mother.*

I forgive all their offenses against me and accept them for what they have been and are even now; however, I honestly name and renounce their sin, weakness, and failure for what it was and may yet still be.

I thank You for creating my parents in Your image. I forgive them for not becoming all You created them to be. I accept them as the wounded, hurting, unhealed, needy persons they are. They need the healing that I am now receiving. I will look for the real persons You intend them to be, and in Your name I will affirm it whenever it see it. I look to You now for the affirmation I've always wanted so badly from them. Love them through me.

Somehow, as I forgive and accept them, Father-God, re-parent me according to my new bloodline in Jesus and my family inheritance in Him. Perfect in me His character and family traits You intend for me to have.

*Mother (Dad), thank you for giving me life.*

I forgive you that you cannot affirm the life that you gave me. I forgive you for not being able to love me or give me the acceptance I long for. I forgive you that you can never see me or treat me as a person but can only see everything in terms of your own self-centered desires.

I accept you as you have chosen to be. I will no longer strive uselessly, demanding that you change, demanding that you love me, demanding that you recognize me as a person with needs and feelings.

I now truly forgive you, I do not judge you, but I do renounce the evil that has wounded me. I no longer give the sinful actions permission to wound me or my family. Yes, I honestly name the issues as being evil: alcoholism, incest, abuse (physical, emotional, mental, sexual, verbal), emotional withdrawal, abandonment, authoritativeness or rigidity, or whatever (\_\_\_\_\_). These have had power to wound me, but no longer. By God's grace working in me, I will honor you as a person whom Jesus died for. Jesus will enable me to walk this way of tough love. I can now bless you, expecting nothing in return. I can now love you agape with the heart of the Father, by the grace of the Son, and in the power of the Spirit.

*Heavenly Father, I thank You for hearing this prayer,*

and for enabling me to accept and fully forgive my parents, so that I am no longer bound in the chains of torment of unforgiveness, bitterness, resentment, anger, and judgment. In the name of Jesus who is my healer and my life, I am an overcomer in the power of the Holy Spirit. I am free indeed, seated at Your right hand, ruling and reigning in Christ Jesus, and ask You to enable me to be a channel of Your freedom and healing love to my parents and my family. In Jesus' name, Amen.

## PRAYER FOR OUR CHILDREN

**In the name of Jesus Christ, we bind \_\_\_\_\_'s body, soul and spirit to the will and purposes of God for his/her life.**

**We bind \_\_\_\_\_'s mind, will and emotions to the will of God. We bind him/her to the truth and to the blood of Jesus. We bind his/her mind to the mind of Christ that the very thoughts, feelings and purposes of His heart would be within his/her thoughts.**

**We loose every old, wrong ungodly pattern of thinking, attitude, idea, desire, belief, motivation, habit and behavior from \_\_\_\_\_. We tear down, crush, smash and destroy every stronghold associated with these things. We loose any stronghold in his/her life that has been justifying and protecting hard feelings against anyone. We loose the strongholds of un-forgiveness, fear and distrust from him/her.**

**In the name of Jesus, we loose the power and effects of any harsh or hard words spoken to, about or by \_\_\_\_\_. We loose all effects and bondages from him/her that may have been caused by mistakes we have made. Father, in the name of Jesus, we crush, smash, and destroy generational bondages of any kind from mistakes made at any point between generations. We destroy them right here, right now. They will not bind and curse any more members of this family.**

**We bind the strong man, Satan, that we may spoil his house, taking back every material and spiritual possession he has wrongfully taken from all of us. We loose the enemy's influence over every part of \_\_\_\_\_'s body, soul and spirit. We loose, crush, smash and destroy every evil device he may try to bring into his/her sphere of influence during this day.**

**We bind and loose these things in Jesus' name. He has given us the keys and the authority to do so. Thank you Lord, for the truth. AMEN**

## **FREEDOM FROM SEXUAL PARTNERS**

**In the name of Jesus Christ by the power of His cross and blood, we take the Sword of the Spirit and cut \_\_\_\_\_ free from all previous sexual partners. We especially cut \_\_\_\_\_ free from \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_ (first names or initials only).**

**We cut him/her free from these people physically, spiritually, emotionally and mentally. We not only cut him/her free from these people, Lord, but we cut him/her free from anyone and everyone they have ever had sex with.**

**We place the cross and the blood of Jesus between \_\_\_\_\_ and each of these people. We pray for a cleansing and a purification of \_\_\_\_\_'s mind, body and spirit that he/she may walk in wholeness, purification and redemption.**

**Fill \_\_\_\_\_ with the power of Your Holy Spirit that he/she may walk in Your abundant grace and mercy.**

**Fill him/her Lord with Your love, that it may permeate all dark and lonely places. Most of all Lord, help \_\_\_\_\_ to know how much You love him/her and how special he/she is to you.**

## PRAYER TO HEAL VICTIMS

*Prayers are not formulas; rather, they offer ideas and direction. Be led by the Holy Spirit, and use the substance of this prayer as a guide. Gender-exclusive references have been used as they would be in a real situation – all are interchangeable.*

Lord Jesus, \_\_\_\_\_ has been sinned against. We ask you to communicate to her heart that it was NOT HER FAULT. A bad thing has happened, but she is not a bad person. She did not “make” (the abuser) hurt her. He did that all on his own. Jesus, speak the truth to \_\_\_\_\_’s heart; help her know that You really do love her with a clean, non-abusive love. You have not rejected or abandoned her. Cause the clear, clean, living water of Your presence to flow over her at a pace that is respectful of her. And Jesus, we thank You that You know just how close You can come to \_\_\_\_\_ without frightening her. We thank You that You do not violate her boundaries! Wash her clean inside and out. Wash away the defilement with wave after wave of Your love. Wash away the smells, the sounds, and the touch sensations. Clothe \_\_\_\_\_ in Your truth and righteousness. Cause her conscience to be clear.

Separate her spirit, Lord, from the one who abused her. (*See Spiritual Adultery Prayer*) Father, this has so shattered her trust it is difficult to trust or believe anyone. Together we ask You to begin the process of rebuilding that broken trust. The practiced ways that do not lead to life, Lord, we bring to You. (*List them and pray through the bitterroot judgments.*) These ways have been hurtful to \_\_\_\_\_ and others, so we ask You to deal with them, Lord. Minister to the fear, loneliness, weariness, the confusion and anger. Lift it all out, Jesus, and replace it with Your comfort that goes all the way to the bones. We give You the anger at \_\_\_\_\_ for not protecting, (for not believing, etc.). Replace it with Your peace and the truth of who she really is in Your eyes. May \_\_\_\_\_ come to know her identity as Your cherished child. Cause the eyes of her spirit to see You, to see the pride in Your eyes that she has come to You, to see Your delight in her presence. Show her those people in her life who are worthy of trust. Bring comfort to the bruised and broken places. Bring healing to her relationship with You and with (her Mom or . . .). Wrap \_\_\_\_\_ up in Your glory as a protection. Hide her from the powers of darkness. Together we forgive her for having responded physically, and forgive her for ways she has judged, condemned, or looked down on her body. Lord, You made us to respond. Help \_\_\_\_\_’s spirit to know You do not condemn her. It is not her body’s fault – it was made that way. It was a natural response. Her “NO” was not listened to; her person and her boundaries were not respected. Lift off the guilt. May Your glory continue to heal \_\_\_\_\_, may it hide her and be a protection for her. Thank You, Jesus, that You care.

## PRAYER FOR HEALING THE ABUSER

*Prayers are not formulas; rather, they offer ideas and direction. Be led by the Holy Spirit, and use the substance of this prayer as a guide. Gender-exclusive references have been used as they would be in a real situation – all are interchangeable.*

**PRAYER MINISTER:** Lord, I come to You with \_\_\_\_\_, as witness to his confession. I invite you, \_\_\_\_\_, to express to the Lord what you want Him to do for you.

**COUNSELEE:** I acknowledge that I have sinned grievously. I have brought devastation to \_\_\_\_\_, and to her family and friends. I have defrauded her; stolen her birthright, shattered her to the core. I have done this; I admit my guilt and though I am unworthy, I ask for Your forgiveness. Thank You for revealing the wounds I received which tempted me to behave as I did. I choose to forgive \_\_\_\_\_ for \_\_\_\_\_ (list who and what). I ask Your forgiveness for my responses to that wounding. Forgive me for the judgments I made: (list them)

**PRAYER MINISTER:** Thank You, Jesus, that You bore \_\_\_\_\_'s sin in Your own body on the cross. You paid his penalty, and according to Your word and in the authority You have given me as Your servant, in Jesus' name, I assure you, \_\_\_\_\_, you are forgiven. Now, Lord, bring healing to these wounds. Pour in the oil of Your Holy Spirit; flush out the defilement. Bring these old habitual responses to death. May the power of Your cross stop the reaping of all the years of sowing. We bring the judgments and response patterns to You and ask that they be nailed to Your cross to die the death they have already died with You; may they have no more power over him. I ask that You wash through his body, mind and spirit. Create a new and right spirit within him so he might have the strength of mind and spirit to honor You. I ask that You grant him strength on a daily basis to embrace the disciplines needed to build him into the mature man of Christ You originally designed. Replace the old structures with new, and set him in Your way, Father.

## PRAYER FOR A HEART OF FLESH

Lord, I have developed a defense to keep myself from being seen. I have built a hiding place to protect myself from hurt. I know that this "protection" blocks out the love, warmth and nurture I long for. I come to You, Lord, because I am helpless to change. I invite You into my life to take down the wall. I want You to be my defense. Lord, help me to become vulnerable, to risk love.

Lord, I forgive those people who have wounded me, and I forgive You, Lord, for allowing these wounds in my life. I also forgive myself, for the sinful reactions to hurt, and for building this heart of stone.

Father, please forgive me for my sinful responses, and for the way in which I have hurt loved ones by keeping them out of my life. I repent for the destruction in my own life, and for wounding You with my sin, Lord. Please forgive me.

Lord, as an act of will I choose to be connected to others within the Body and within my family. I want to be intimate. Forgive me, Jesus, for not trusting the love offered me by my spouse, children, and fellow Christians. Help me to see and appreciate the gifts of others. Put a watch on my lips that I may build up instead of tear down. Help me hear the warnings or rebukes as love and not rejection. Help me hold myself in the vulnerable position or receiving ministry, not just offering it. I ask You to bring those people into my life who know how to love unconditionally and still have the courage to hold me accountable. Bring to death my heart of stone, and give me a heart of flesh.

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## TO BREAK AN INNER VOW

*COUNSELEE:* I renounce this vow \_\_\_\_\_ (name specifically).

*PRAYER MINISTER:* By the power and authority of Jesus, I break this vow. I command your spirit and body to no longer remember it. You are free, restored to your original design. You are no longer required to feel, think, and act according to this vow.

## PRAYER FOR IN UTERO WOUNDING

Lord Jesus, we ask You to identify with \_\_\_\_\_ as a little one being formed. Speak to his/her spirit and communicate to that little one that You knew about him/her and all the circumstances he/she entered into. You planned for him/her, Lord, and You delighted in his/her birth. Let \_\_\_\_\_ know he/she is not a mistake, a burden or an accident, but a gift and a joy.

Lord, we ask for Your empowering to be able to forgive. By ourselves we cannot forgive. *(Pray to forgive parents, to confess angers, to ask forgiveness for judgments, and to give assurance of forgiveness.)*

*(From this point on, pray only about those specific things the Holy Spirit has revealed to you.)* Lord, we ask You to remove the shame of illegitimacy. You know what that feels like – they said You were illegitimate. Remove the shame of being the “wrong sex”. Lift out the guilt of being formed and born at a bad time, of causing the mother health problems, of creating a financial burden. Lift it out, Lord, and minister to the hurt and anger of feeling unwelcome, the fear that there will not be enough time, money or nurture. Bring to death the death wish, accident proneness, and performance orientation that grew out of a need to earn acceptance. Bring to death any confusion of gender – the secrecy, deception and isolation it causes. Lord, minister to the rejection of adoption, the betrayal of parental trust, the wound of having been lied to and stolen from.

Lord, wash \_\_\_\_\_’s heart clean of unconscious or hidden resentment. Set him/her free. Restore a sense of worth and purpose. Give \_\_\_\_\_ the gift of knowing that You have given him/her a special place in Your family. Jesus, absorb any sense of futility. Communicate to \_\_\_\_\_’s spirit Your pride in him/her. Restore/draw forth his/her masculinity/femininity. Cause \_\_\_\_\_ to know that you delight in him/her as a male/female. Apart from that sexuality, he/she cannot express the truth of who You created him/her to be. Grant a boldness of being so there is no fear in being seen. Lord, you create NO mistakes! Write that deeply into his/her spirit. Pour Your healing into the wounds from teasing or criticism as a result of effeminacy/masculinity. Minister to the wounds of having been lied to and stolen from. Restore the birthright and inheritance You planned from the beginning. Lift out the lies \_\_\_\_\_ has believed about who he/she is and build in the truth of his/her identity in You.

## **OCCULT RENOUNCEMENT AND PRAYER OF FORGIVENESS**

*Finding Healing:* Most of us have been touched by the occult and need to be cleansed and set free. ***Go carefully through the list on the Occult Sheet and mark the ones that apply.*** In prayer ministry, ministers will deal with these one by one. If you are not preparing for prayer ministry, you may want to find some understanding Christian and confess these things to God before him/her, so he/she can minister God's healing. (James 5:16: "Therefore confess your sins to each other and pray for each other so that you may be healed.")

You may use something like the following:

*COUNSELEE:*

**Lord, I confess that I have . . . . (name them all). I see these now as sins and I ask Your forgiveness by the blood of Your cross.**

*PRAYER MINISTER:*

**In the name of Jesus, this is forgiven as if it had never been.**

*COUNSELEE:*

**Thank you, Lord, for this forgiveness. I renounce you, Satan, and everything you have had in me. I command you in Jesus' name to depart from me and trouble me no more.**

*PRAYER MINISTER:*

**I take the Sword of the Spirit, the Word of God, and cut you free from every bondage to the occult world. I close the door between you and that world and seal it with the blood of Jesus and bar it with His cross. Walk carefully in your healing, asking the Lord's protection, staying close to His Word and His people.**

## PRAYER FOR PARENTAL INVERSION

*(May want to use with prayer for SUBSTITUTE MATE)*

**Father, I thank You for caring enough for me to pursue me, to help me see that in my family the parental roles came to be reversed. I see that I stepped in to fill the gap and, regardless of how necessary or how noble that may have seemed, I recognize I was wrong. In usurping my \_\_\_\_\_'s role, I denied my own childhood. You did not design my child's shoulders to carry such a heavy weight.**

**Lord, I forgive my parents for \_\_\_\_\_ *(what they did or did not do)*. I confess that I have judged them as being \_\_\_\_\_ *(be specific)*. I ask You to forgive me for those judgments and the bitterness they built in my heart. I also confess that I judged You, Lord, as being a weak God, one who needed my help. I thought I had to do it for You. Forgive me for wounding You in that way.**

**I have avoided intimacy and corporateness. Father, forgive me for the way I have cut myself off from emotion. I know I did it as a child so that I could function, but now it is a defense mechanism in my life and I have hurt many people with my inability to feel. Forgive me for trying to take over for You and so control my spouse, my world. I resign, Lord; I am not in charge!**

**Father, it frightens me to ask You to take charge of me and those I love and work with. But I am tired. Bring my fear and my pride to death. I want to trust in You, to rest in You. I ask You to speak peace into my inner being and calm my striving, even as You calmed the sea.**

## BINDING PRAYER FOR PROTECTION

The following prayer specifically addresses the categories of spirits used by Satan worshippers themselves when they call upon evil spirits or demons. The Bible refers to these spirits as "elemental spirits" (Galatians 4:3-9, Colossians 2:8-20, NRSV). CHM learned this prayer method from someone who was very heavily involved in witchcraft and the occult before finding healing through Christ. In using these same terms, we directly counteract the evil that is sent against us. In no way do we want to take a legalistic view that implies one must pray with these particular categories in order for the prayer to work. Rather, this prayer is an example of how one can pray, and it seems to produce the desired effect: to bind evil spirits and to protect one from them. However, if you come up with another similar prayer which you believe is better for you, feel free to pray in the way that is most comfortable for you. The purpose is more important than the words themselves.

**In the name of Jesus Christ, by the power of His cross and blood, we bind the spirits, powers and forces of the earth, the underground, the air, the water, the fire, the netherworld and the satanic forces of nature.**

**We rebuke any curses, hexes or spells sent against us and send them directly to Jesus for Him to deal with as He will. Lord, we ask You to bless our enemies by sending Your Holy Spirit to lead them to repentance.**

**We bind all interplay, interaction and communication of evil spirits. We claim the protection of the shed blood of Jesus Christ over \_\_\_\_\_.**  
**Thank You for Your protection, Lord. Amen.**

*Colossians 2:6-10: As you therefore have received Christ Jesus the Lord, continue to live your lives in Him, rooted and built up in Him and established in the faith, just as you were taught, abounding in thanksgiving. See to it that no one takes you captive through philosophy and empty deceit, according to human tradition, according to the elemental spirits of the universe, and not according to Christ. For in Him the whole fullness of deity dwells bodily, and you have come to fullness in Him, who is the head of every ruler and authority.*

*Colossians 2:18-20: Do not let anyone disqualify you, insisting on self-abasement and worship of angels, dwelling on visions, puffed up without cause by a human way of thinking, and not holding fast to the head, from whom the whole body, nourished and held together by its ligaments and sinews, grows with a growth that is from God. If with Christ you died to the elemental spirits of the universe, why do you live as if you still belonged to the world?*

*Galatians 4:1-9: My point is this: heirs, as long as they are minors, are no better than slaves, though they are the owners of all the property; but they remain under guardians and trustees until the date set by the father. So with us; while we were minors, we were enslaved to the elemental spirits of the world. But when the fullness of time had come, God sent His Son, born of a woman, born under the law, in order to redeem those who were under the law, so that we might receive adoption as children. And because you are children God has sent the Spirit of His Son into our hearts, crying, "Abba, Father!" So you are no longer a slave but a child, and if a child then also an heir, through God. Formerly, when you did not know God, you were enslaved to beings that by nature are not gods. Now, however, that you have come to know God, or rather to be known by God, how can you turn back again to the weak and beggarly elemental spirits? How can you want to be enslaved to them again?*

## PRAYER TO RESTORE BASIC TRUST

**PRAYER MINISTER:** Lord, I ask that You go back to the time in \_\_\_\_\_'s life when trust should have been built, but instead a crack was formed in the foundation of his/her life.

Time and space don't hinder You, Lord, so I ask You to minister to the little one. Let Your forgiveness flow toward the parents for their lack of affection and appropriate touch. Search out each of \_\_\_\_\_'s wounds and heal them. Lord, I ask that You sovereignly reach down and pick up the little one, ministering Your comfort, nurture and assurance. Communicate the delight You have in \_\_\_\_\_, let him/her know how much You cherish him/her. I ask that You hold the little one close to Your heart, letting the strength of Your Spirit flow into his/her spirit. Fill in the cracks of the foundation with Your strength and solidity.

**COUNSELEE:** Lord, I confess I do not trust. This lack of trust has permeated my life and hindered me. I know I must forgive.

I forgive You, Lord, for putting me in my family when You did. Heal the wound that my distrust of You has caused to our relationship. Help me see You and know Your faithfulness. Touch my eyes that I may see clearly. I ask You to build in me what has not been there.

I forgive my parents, Lord, for the woundings they caused me. (*List known woundings, and those discerned by fruits.*) Heal these places in my spirit so that I can be free to have relationship with them again. I forgive my siblings, authority figures, and friends who hurt me. (*Name specific wounds.*) Even though some of these wounds were made in ignorance or innocence, they still hurt.

Finally, Lord, please forgive me for judging You and my family, for determining not to trust. I confess my need for trust and my inability to build it myself. I need Your help. Help me not to run or hide when love comes close. I ask You to build/restore trust and with it restore the years the locusts have eaten.

## PRAYER FOR SEPARATION OF SPIRITS

*Prayers are not formulas; rather, they offer ideas and direction. Be led by the Holy Spirit, and use the substance of this prayer as a guide. Gender-exclusive references have been used as they would be in a real situation – all are interchangeable.*

**PRAYER MINISTER:** Lord, I join with \_\_\_\_\_ in asking You to separate his spirit from \_\_\_\_\_. You designed our spirits to become one and to bless and cherish the other. But Lord, this union was not of You, and does not glorify You or bless his spouse. We ask You to find and capture that portion of \_\_\_\_\_'s spirit which is searching to bless and protect the wrong one; all that seeking causes weariness and scatteredness and an inability to be fully present to his spouse.

**COUNSELEE:** Lord, I repent for the ways I gave to another what belongs to my spouse. I have come to recognize this as sin, and I ask Your forgiveness, Lord, and I also ask your forgiveness, \_\_\_\_\_ (*spoken to spouse if present*). I renounce this/these spiritual tie(s) and I ask You, Lord, to cut me free, to restore me to myself, my spouse and to You. Lord, I ask Your forgiveness for not heeding those You have put in my life to speak truth to me.

**PRAYER MINISTER:** Lord, with Your sword of truth, separate the portion(s) of \_\_\_\_\_'s spirit that has/have been scattered. Lord, find that portion and hold it in Your hands; make it clean. Wash away all defilement and when You have fully cleansed and renewed it, we ask You to restore it to a rightful place. Cause \_\_\_\_\_'s spirit to be whole again. Pass Your hand over his spirit so there is not even a mark. May the enemy find no ground from which to attack or confuse. Strengthen \_\_\_\_\_'s spirit to be able to do the hard work needed to restore his spouse's trust in him. Grant him grace to bear the pain of knowing, seeing, feeling, the damage this sin has caused. Cause him to be fully present now, to be able to cherish and nurture, and in return draw nurture from You and \_\_\_\_\_, the partner of covenant. Bless that covenant union. May it bring glory to You.

## PRAYER FOR COMMON SEXUAL EXPERIENCES

### *Masturbation*

*Prayers are not formulas; rather, they offer ideas and direction. Be led by the Holy Spirit, and use the substance of this prayer as a guide.*

*PRAYER MINISTER:*

**Lord Jesus, thank You for creating \_\_\_\_\_, for the gift of who he/she is; but now that wonderful original design has become distorted. Jesus, I pray in agreement with \_\_\_\_\_, we invite You into this situation.**

**What began as a tension release has become a compulsion that is causing problems at home, work, etc. Having come to an understanding of the wounds that led to the need for release, we ask You to draw near with forgiveness and healing.**

*COUNSELEE:*

**I forgive \_\_\_\_\_ for \_\_\_\_\_. Lord, I ask you to forgive me for my sinful responses – the judgments I made (name them specifically).**

*PRAYER MINISTER:*

**In the name of Jesus, I declare that the forgiveness you have given out is given back to you. \_\_\_\_\_, you are forgiven. Lord, we ask You to take the compulsion and nail it to the cross. Kill the power that drove it, and grant \_\_\_\_\_ the strength to discipline mind and body as he/she builds new activities that bring release in his/her life. Lord, wash away any defilement; wash away guilt and shame, and restore him/her. Up-build his/her spirit so he/she can continue to choose You and Your ways. Grant him/her the courage to ask for help when he/she needs it.**

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## PRAYER FOR SLUMBERING SPIRITS

Thank You Father God, that at my conception You breathed Your Spirit into me. You created me to be one with You and to have fellowship with You, spirit to Spirit. Lord, come and minister to my spirit. By your grace and healing power bring me to life. Complete the task that my earthly father failed to do. I forgive my father for not giving me the affection I needed, for not being there for me, for not affirming me, or holding me enough, and for not following God's commandment to fathers – to nurture and awaken my spirit and bring me to life.

Lord come and awaken my slumbering spirit. Resurrect it unto life. Loose it from the grasp of the enemy. Help me to accept your love and to feel your touch. I bind my spirit to Your Holy Spirit and to Your love. Restore to me four fold, that which was taken from me in childhood and in life. Restore to me; my innocence, zest for life, sensitivity, ability to be intimate with You and others, to have hope, to use my creative abilities, to have spiritual inspiration when I'm in Your presence or when reading Your Word, also to have an awareness of my spirit and the spirits of others, to exhibit vitality and strength of mind, and have the ability and the desire to experience the glory of sexual union with my spouse.

Lord, I confess to You and repent from my sins of resentment, anger and my bitterness toward my dad, for his failure and omissions. I ask You to loose me from the effects of those sins. Father God, forgive me for the many ways I have withdrawn from intimacy in my life. Also for the bitter-root judgments and negative expectations I've held in my heart about my dad and others. I acknowledge this as sin and I truly repent. Lord also forgive me for striving to win love and acceptance without the willingness or spiritual ability to hold my heart open to others. In the name of Jesus Christ, I tear down and destroy all the strongholds (habits, attitudes, values, and beliefs) I have built to support my bitterness. Father, I take them all to the Cross of Jesus and I crucify them now and forever. Lord, I ask you to restore all that has been destroyed by my bitter-root judgments against my dad and the other men in my life. Lord, I also ask you to forgive my father and set him free.

Lord, I am willing (or – help me to be willing) to fully forgive my dad and other men and loose them from my bitter root judgments. I accept Your forgiveness for my sins and I ask you to help me to fully accept your forgiveness and love.

Lord, at this time I declare to You and myself that I choose life, and I choose it more abundantly as your Word promises. I understand that abundant life is one filled with Your peace, love, joy and prosperity. A life where my value is defined by who I am in Jesus Christ and my hope is based on Your grace and love which is never ending. Lord, fill me with life and give me the strength of spirit to persist in risking to choose life. Enable and encourage me to be vulnerable to those whom You send to nurture me (body, mind, spirit and soul). Set me free from this slumber and empower me to bring life and joy to others as You intended.

In Jesus' name, Amen.

PM's – pray absolution and forgiveness prayers (occult)

## **PRAYER TO STRIP AWAY THE OLD THINGS AND OLD NATURE**

*Pray for yourself to strip away the old things of your old nature.*

**In the name of Jesus Christ, I bind my body, soul and spirit to the will and purposes of God. I bind myself to the truth of God. I bind myself to an awareness of the power of the blood of Jesus working in my life every day. I bind my mind to the mind of Christ that I can have the thoughts, purposes and feelings of His heart in me. I bind my feet to the paths you have ordained for me to walk, God, that my steps will be strong and steady. I bind myself to the work of the cross with all of its mercy, truth, love, power, forgiveness and dying to self.**

**In the name of Jesus Christ, I bind the strong man and I loose his hold on everything he has ever stolen from me. I rebuke his works and loose the power and effects of every deception, device and influence he wants to bring against me.**

**Lord, I repent of having wrong attitudes and thoughts, I renounce them now and ask your forgiveness. I loose every old, wrong pattern of thinking, attitude, idea, desire, belief, habit and behavior that may still be working in me. I tear down, crush, smash and destroy every stronghold I have erected to protect them. I bind myself to the attitudes and patterns of Jesus Christ. I bind myself to the overcoming behavior and spiritual desires that line up with the fruit of the Holy Spirit.**

**Father, I loose any stronghold in my life protecting wrong feelings I have against anyone. Forgive me as I forgive those who have caused me pain, loss or grief. I loose any desire for retribution or redress. In the name of Jesus, I loose the power and the effects of any harsh or hard words (word curses) spoken about me, to me or by me. I loose any strongholds connected with them. I loose all generational bondages and their strongholds from myself. Thank you, Jesus, that you have promised whatsoever I bind and loose on earth will be bound and loosed in heaven. Amen.**

From *Shattering Your Strongholds* by Liberty Savard, pp 131-132

## **PRAYER FOR SUBSTITUTE MATE**

*(May want to use with prayer for PARENTAL INVERSION)*

**Lord, I ask that You help me to forgive my \_\_\_\_\_ for pulling me into the role of spouse. I did not, could not say “no”. I have had such mixed feelings; pride that I should be chosen; anger that the other parent did not fill his/her role and protect me; and confusion because I was in a role I couldn’t understand or fulfill.**

**Father, I choose to forgive myself for acquiescing to the subtle coercion. I forgive my parents \_\_\_\_\_ (be specific about what they both did and did not do). And I confess and ask forgiveness for the unexplainable anger. Now I know it was toward mother and father and You, Lord. Forgive me.**

**It hurts to see how this has affected my own marriage, my spouse, (*and my family*), Lord. I see the damage it has caused and want it to stop. I invite You to bring it to death. Bring healing and restore to me, to us, the years the locusts have eaten. Put my relationships aright, Lord, including my relationship with You, Father God.**

## PRAYER FOR THE WOUNDED BURDEN BEARER

*Prayers are not formulas; rather, they offer ideas and direction. Be led by the Holy Spirit and use the substance of this prayer as a guide. Gender-exclusive references have been used as they would be in a real situation – all are interchangeable.*

**Dear Lord, we bring before You \_\_\_\_\_, who because of Your call has in all earnestness been carrying people in her heart and faithfully interceding for them. But somewhere along the way she became weighed down with the heaviness of the sins of others and forgot Your yoke is to be easy and Your burden light. She has tried to take more than You intended, and as a result has been growing weaker and more frustrated each day. Burden-bearing has become painful to her, much like a torn ligament or muscle which causes her to wince with every step. We ask You, Lord Jesus, to touch that torn place with Your power and to heal it. Cradle \_\_\_\_\_ in Your arms so that she can rest. Lord, bring the gift of burden-bearing to death on the cross. Let it be Yours again, so it will not possess and control \_\_\_\_\_. She wants You to own both her and the gift, Lord, to use for your glory.**

## 31 Scriptures to Pray Over Your Children

1. Salvation. "Lord, let salvation spring up within (child's name), that he/she may obtain the salvation that is in Christ Jesus, with eternal glory" (Is. 45:8, Tim. 2:10).
2. Growth in grace. "I pray that (child's name) may grow in the grace and knowledge of our Lord and Savior Jesus Christ" (2 Pet. 3:18).
3. Love. "Grant, Lord, that (child's name) may learn to live a life of love, through the Spirit who dwells in him/her. (Gal. 5:25, Eph. 5:2).
4. Honesty and integrity. "May integrity and honesty be your virtue and your protection." (Ps. 25:21)
5. Self-control. "Father, help (child's name) not to be like many others around him/her, but let (child's name) be alert and self-controlled in all he/she does." (1 Thess. 5:6)
6. Love for God's Word. "May (child's name) grow to find Your Word more precious than much pure gold and sweeter than honey from the comb." (Ps. 19:10)
7. Justice. "God, help (child's name) to love justice as You do and act justly in all he/she does." (Ps. 11:7, Mic.6:8)
8. Mercy. "May (child's name) always be merciful, just as you are merciful." (Lk 6:36)
9. Respect (for self, others, authority). "Father, grant that (child's name) may show proper respect to everyone, as your Word commands." (1 Pet. 2:17)
10. Biblical self-esteem. "Help (child's name) develop a strong self-esteem that is rooted in the realization that he/she is God's workmanship, created in Christ Jesus." (Eph. 2:10)
11. Faithfulness. "Let love and faithfulness never leave (child's name) but bind these twin virtues around his/her neck and write them on the tablet of his/her heart." (Prov. 3:3)
12. Courage. "May (child's name) always be strong and courageous in his/her character and in his/her actions." (Dt. 31:6)
13. Purity. "Create in (child's name) a pure heart, O God, and let that purity of heart be shown in his/her actions." (Ps. 51:10)
14. Kindness. "Lord, may (child's name) always try to be kind to others." (1 Thess.5:15)
15. Generosity. "Grant that (child's name) may be generous and willing to share, and so lay up treasure for himself/herself as a firm foundation for the coming age." (1 Tim. 6:18-19)
16. Peace-loving. "Father, let (child's name) make every effort to do what leads to peace." (Rom. 14:19).
17. Joy. "May (child's name) be filled with the joy given by the Holy Spirit." (1 Thess. 1:6)
18. Perseverance. "Lord, teach (child's name) perseverance in all he/she does, and help him/her especially to run with perseverance the race marked out for him/her." (Heb. 12:1)
19. Humility. "God, please cultivate in (child's name) the ability to show true humility toward all." (Titus 3:2)
20. Compassion. "Lord, please clothe (child's name) with the virtue of compassion." (Col. 3:12)
21. Responsibility. "Grant that (child's name) may learn responsibility, for each one should carry his/her own load." (Gal. 6:5)
22. Contentment. "Father, teach (child's name) the secret of being content in any and every situation, through Him who gives him/her strength." (Phil. 4:12-13)
23. Faith. "I pray that faith will find root and grow in (child's name)'s heart, that by faith he/she may gain what has been promised to him/her." (Luke 17:5-6, Heb. 11:1-40)
24. A servant's heart. "God, please help (child's name) develop a servant's heart that he/she may serve wholeheartedly, as if he/she were serving the Lord, not men." (Eph. 6:7)
25. Hope. "May the God of hope grant that (child's name) may overflow with hope and hopefulness by the power of the Holy Spirit." (Ro. 15:13)
26. Willingness and ability to work. "Teach (child's name) Lord, to value work and to work at it with all his/her heart, as working for the Lord, not for men." (Col.3:23)
27. Passion for God. "Lord, please instill in (child's name) a soul that 'followeth hard after thee' (Ps. 63:8 KJV), one that clings passionately to you."
28. Self-discipline. "Father, I pray that (child's name) may acquire a disciplined and prudent life, doing what is right and just and fair" (Prov. 1:3)
29. Prayerfulness. "Grant, Lord, that (child's name)'s life may be marked by prayerfulness, that he/she may learn to pray in the Spirit on all occasions with all kinds of prayers and requests." (Eph. 6:18)
30. Gratitude. "Help (child's name) to live a life that is always overflowing with thankfulness and always giving thanks to God the Father for everything, in the name of our Lord Jesus Christ." (Eph. 5:20, Col. 2:7)
31. A heart for missions. "Lord, please help (child's name) to develop a desire to see your glory declared among the nations, your marvelous deeds among all peoples." (Ps. 96:3)



## THE POWER OF IMPARTING THE BLESSING

None of us can place a specific value on our children. They are priceless gifts from God, but often we fail to see them in this way. Instead, we view them as "accidents," "intrusions" or as "burdens". But they are none of these. No matter how they act or how they came into being, they "belong!"

Every child comes into this world with an assignment to fulfill and it is the parents' responsibility to guide them towards that destiny. If Satan can distract parents from those responsibilities or keep them ignorant of the power resting in the blessing, however, he can sometimes interrupt the plan of God for their lives.

God's first act after creating Adam and Eve was to speak a blessing over them. (Gen. 1:27, 28) From Genesis to Jesus there unfolds a continuous revelation of the importance of "the blessing."

Blessing Means:  
To Empower  
To prosper

## Basic Elements of the Blessing

### 1) Position

- a) Kneel before child. Humble yourself before God's child. A receptive anointing will flow between you and the child.

### 2) Meaningful Touch

- a) Our touch when blessing and praying has the touch of God behind it. It is a key to communicating warmth, personal acceptance, affirmation, even physical health.

### 3) A Spoken Message

- a) Blessing comes only when it is spoken. Don't ever take it for granted a child knows they are loved. They don't! Sincere and loving words are necessary to provide genuine acceptance.

### 4) Words Attaching "High Value"

- a) Bless them with words that will honor them and make them feel valuable. Words that will also picture a special future for them.
- b) Ask God for a Scripture to impart to them.
- c) Don't ever pray their problems. Only speak positive words into their lives.

### 5) Continue to confirm the blessing throughout their life.

Jewish people are known world wide to prosper. That is because they know about the blessing. They don't only bless their children during the critical times in their lives (in the Womb, Birth, Infancy, Puberty and Marriage) but they bless them every Friday night at the beginning of their Sabbath. Their children can't help but succeed!

Cursing Means:  
To Disable  
To Cripple

## A DAILY PRAYER FOR FREEDOM

*My dear Lord Jesus, I come to you now to be restored in you – to renew my place in you, my allegiance to you, and to receive from you all the grace and mercy I so desperately need this day. I honor you as my sovereign Lord, and I surrender every aspect of my life totally and completely to you. I give you my body as a living sacrifice; I give you my heart, soul, mind, and strength; and I give you my spirit as well.*

*I cover myself with your blood – my spirit, my soul, and my body. And I ask your Holy Spirit to restore my union with you, seal me in you, and guide me in this time of prayer. In all that I now pray, I include (my wife, and/or my children, by name). Acting as their head, I bring them under my authority and covering, and I come under your authority and covering. Holy Spirit, apply to them all that I now pray on their behalf.*

*Dear God, holy and victorious Trinity, you alone are worthy of all my worship, my heart's devotion, all my praise and all my trust and all the glory of my life. I worship you, bow to you, and give myself over to you in my heart's search for life. You alone are Life, and you have become my life. I renounce all other gods, all idols, and I give you the place in my heart and in my life that you truly deserve. I confess here and now that it is all about you, God, and not about me. You are the Hero of this story, and I belong to you. Forgive me, God, for my every sin. Search me and know me and reveal to me any aspect of my life that is not pleasing to you, expose any agreements I have made, and grant me the grace of a deep and true repentance.*

*Heavenly Father, thank you for loving me and choosing me before you made the world. You are my true Father – my Creator, my Redeemer, my Sustainer, and the true end of all things, including my life. I love you; I trust you; I worship you. Thank you for proving your love for me by sending your only Son, Jesus, to be my substitute and representative. I receive him and all his life and all his work, which you ordained for me. Thank you for including me in Christ, for forgiving me my sins, for granting me his righteousness, for making me complete in him. Thank you for making me alive with Christ, raising me with him, seating me with him at your right hand, granting me his authority, and anointing me with your Holy Spirit. I receive it all with thanks and give it total claim to my life.*

*Jesus, thank you for coming for me, for ransoming me with your own life. I honor you as my Lord; I love you, worship you, trust you. I sincerely receive you as my redemption, and I receive you as my redemption, and I receive all the work and triumph of your crucifixion, whereby I am cleansed from all my sin through your shed blood, my old nature is removed, my heart is circumcised unto God, and every claim being made against me is disarmed. I take my place in your cross and death, whereby I have died with you to sin and to my flesh, to the world, and to the Evil One. I am crucified with Christ, and I have crucified my flesh with all its passions and desires. I take up my cross and crucify my flesh with all its pride, unbelief, and idolatry. I put off the old man. I now bring the cross of Christ between me and all people, all spirits, all things. Holy Spirit, apply to me (my wife and/or children) the fullness of the work of the crucifixion of Jesus Christ for me. I receive it with thanks and give it total claim to my life.*