

# DD

*Now may the God of peace Himself sanctify you completely;  
and may your whole spirit, soul, and body be preserved blameless  
at the coming of our Lord Jesus.*

*1 Thes. 5:23*

Linda Shoplock  
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# DISSOCIATIVE IDENTITY DISORDER

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Referenced authors:

Friesen, James  
Cornerstone Christian Counseling Center  
Sue Mead  
Sandy Burkett  
Chester Kylstra  
Diane Hawkins

# DISSOCIATIVE IDENTITY DISORDER

## Continuum of Dissociation

Simple		Complex	Highly Complex
<p>Normal Dissociation</p> <p>Daydreaming; getting caught up in a movie, feeling like you are part of the story; ability to multi-task</p> <p><i>No trauma</i></p>	<p>Trauma Based Dissociation (Fragmentation)</p> <p>On one or more of these levels</p> <hr/> <ol style="list-style-type: none"> <li>1. Mind</li> <li>2. Emotions</li> <li>3. Body</li> <li>4. Will</li> </ol>	<p>Trauma Based Dissociation</p> <p>On all four levels:</p> <ol style="list-style-type: none"> <li>1. Mind</li> <li>2. Emotions</li> <li>3. Body</li> <li>4. Will</li> </ol>	<p>Intentional Trauma Based Dissociation</p> <p>On all four levels</p> <ol style="list-style-type: none"> <li>1. Mind</li> <li>2. Emotions</li> <li>3. Body</li> <li>4. Will</li> </ol>
<p><b>Dissociation</b> ----- <b>DID</b>      <b>DID/SRA</b></p> <p>Partial Dissociation      Complete Dissociation</p> <p>No time loss but switch in identity      Time Loss</p>			

## COMPARISON

<u>DISSOCIATIVE</u>	<u>DID</u>
Owns memory	No ownership
Memories stored in suitcase	Separate identity hold memories
No amnesic barriers	Amnesic barriers
Parts want healing	May not want help
Will not divide	Will be divided
No repetitive abuse	Repetitive abuse

# CREATION OF DISSOCIATIVE BARRIERS INTO A DID MULTIPLE SYSTEM

Traumatic event that surpasses the child's threshold of tolerance shifts consciousness away from the Core to a separate area of the brain.

**CREATION OF AN ALTER**  
 Formed to eliminate or reduce the conflict arising from the event

**CONFLICT**  
 I must survive but I can not survive.  
 Denial: I can survive – Reality: Maybe I won't be able to.

**Once dissociation is used to resolve conflicts, the MR will generally revert to this same defense mechanism to cope.**

**Repeated traumas produces further conflicts and more Alters are formed**

<b>POSSIBLE CONFLICTS PRODUCING MORE ALTERS</b>			
I need to attach to my parent	My parent is abusing me		
My parent is good (Denial)	Reality: My parent is bad and may kill me or harm someone I love.		
I must be perfect to be a good person	I can't be perfect		
I am perfect and good	I keep all the rules and that makes me good	I must punish the body for any badness	I am bad and unworthy of life
It is not safe to show my emotions	I have strong emotions: Rage Terror Pain Shame		
I have no emotions Nothing disturbs me	I am consumed with my emotions		
I am a good moral person <u>Denial:</u> I am maintaining my personal morality and dignity.	I am forced to do immoral acts. <u>Reality:</u> I do immoral things. (It is OK to do these things)		

**I am self-confident and outgoing.**

**I am depressed and withdrawn.**

**I am a high functioning person.**

**I am sometimes weak, confused and struggle to get things done.**

**I determine reality through physical evidence.**

**I must trust my mind, emotions, body and symptoms.**

**I had a normal childhood.**

**I had a traumatic, bizarre childhood.**

**I have a normal family.**

**I have a deceptive evil family.**

**The world is good and a safe place to live.**

**There are more hidden terrors in this world.**

### **FORMATION OF THE HOST**

**The trauma-bearing alters are generally too laden down with the all the continual abuse so this creates another conflict – the Core has to function and be protected.**

**The Core must function**

**The Core must be protected**

**A new identity is formed (THE HOST) that is just as separated from the trauma as the Core.**

**Denial: Host    Denial: Core**

### **FORMATION OF THE PRESENTER SYSTEM**

**Now the Host creates Alters to help with aspects of everyday life.**

**Alter: Goes to Work**

**Alter: Does Chores**

**Alter: Has fun**

# HOW TO RECOGNIZE DID INDICATORS FROM THE MY STORY QUESTIONNAIRE

- ❖ Different handwriting
  - Some may be in cursive, some printed, and some slanted differently.
- ❖ The Medical/Ministry/Counseling Background on page 4 could give you valuable clues. Common indicators can be:
  - Depression
  - Phobias
  - Long history of emotional problems
  - Sleep disorders
  - Suicidal tendencies
- ❖ Watch for the use of “we” rather than I when they answer the questions on the Questionnaire. This is generally found on:
  - Page 1 - Your Goals For RTF Ministry
  - Page 5 - What Has Prompted You To Seek Ministry At This Time?
  - Page 6 – Family Patterns
  - Page 7 – Parental Relationships continued . . .
  - Page 7 – Who in your life has caused you the most pain or disappointment?
  - Page 7 – List the main issues in your life you and God are working on at this time.
  - Page 17- Supplemental Information
- ❖ Ungodly Beliefs Section of pages 6 and 7 – this is a very revealing section as there are so many clues here. Examples:
  - I don't know who I am.
  - No one will love me or care about me just for myself.
  - I am the problem. When something is wrong it is my fault.
  - I am a bad person. If you knew the real me, you would reject me.
  - God doesn't care if I have a “secret life”, as long as I appear to be good.
  - I should have been a boy/girl.
  - It's not safe to submit myself to someone else.
  - I'm all alone.
  - Something is wrong with me.
  - I must be very guarded about what I say, since anything I say may be used against me.
  - I have to guard and hide my emotions and feelings.
  - I will always be used and abused by other people.
  - I am out there all alone. There is no one to rescue me.
  - If I let anyone get close to me, I may get my heart broken again. I can't let myself risk it.
  - God has let me down before. He may do it again. I can't trust Him or feel secure with Him.
- ❖ Watch for areas on the My Store Questionnaire that have been eliminated or avoided.
- ❖ The Generational pages 10 and 11 can give clues if there has been a lot of abuse, violence or Occult in their background.

- ❖ Supplemental Information on page 17 again can provide further clues when you know what you are looking for.
- ❖ Take careful note of the Open Door Sheets to see what they have **or have** not marked. *One MR had given up a child for adoption and had also witnessed a terrible tragedy that she had never told anyone about. YET, she had marked nothing or very little under the Strongholds of Shame, Grief or Violence.*
- ❖ Open Doors on pages 12-16 can be fruitful areas to ask God for discernment on. Open Door areas of particular significance are included here, but are not meant to be limited. There are so many indicators that could be of importance, but each Ministry Receiver is different and has suffered different life experiences.

**Abandonment**

Emotional Abandonment  
Isolation  
Separation  
Unprotected

**Anger**

Aggression  
Intolerance  
Irritability  
Frustration  
Hatred  
Hostility  
Murder  
Punishment  
Rage  
Violence

**Bound Emotions**

All the associated demons

**Neglect**

All the associated demons

**Orphan Lifestyle**

Inconsistency,  
Lack of Identity  
Lack of Place

**Performance**

People Pleasing  
Perfectionism – has to  
make sure they obey all the  
rules.

**Rebellion**

Confusion  
Deception  
Mistrust  
Resistance  
Undermining  
Unsubmissiveness

**Rejection**

All the associated demons

**Shame**

All the associated demons  
Self-Pity

**Unworthiness**

Self-Punishment  
Self-Sabotage

**Victimization**

All the associated demons  
Hopelessness

**Anxiety**

False Responsibility  
Panic Attacks  
Stress

**Death**

Abortion  
Accidents  
Death Assignment  
Death Wish  
Murder  
Suicide in all its forms

**Deception**

Blindness  
Confusion  
Denial  
Delusion  
Gender Identity Confusion  
Justifying  
Lying  
Minimizing  
Secretiveness  
Self-Deception  
Treachery

**Depression**

All the associated demons

**Emotional Dependency**

All the associated demons  
Co-Dependency

**Escape**

Avoidance  
Daydreaming  
Fantasy  
Forgetfulness  
Hiding  
Indifference  
Isolation  
Oversleeping  
Passivity  
Suicide Fantasies  
Trance

**Grief**

Anguish  
Crying  
Despair  
Heartbreak  
Isolation  
Loss  
Pain  
Sorrow  
Torment  
Weeping

**Identity Issues**

Confusion  
Gender Confusion  
Loss of Self  
Self-Hate

**Mental Problems**

Confusion  
Distraction  
Forgetfulness  
Hallucinations  
Hysteria  
Mind Binding  
Mind Blocking  
Mind Racing  
Paranoia

**Mocking**

All the associated demons

**Trauma**

Emotional Abuse  
Mental Abuse  
Physical Abuse  
Sexual Abuse

**Trauma continued .**

Spiritual Abuse  
Verbal Abuse  
Accidents  
Divorce  
Loss  
Murder  
Rape  
Torture  
Violence  
Satanic Ritual Abuse (if known)  
Political Programming (if known)

**Unbelief**

Apprehension  
Double Mindedness  
Doubt  
Fear of Being Wrong  
Mistrust  
Skepticism  
Suspicion

**Violence**

Abuse  
Cruelty  
Death  
Destruction  
Hate  
Murder/Abortion  
Torture/Mutilation

**Control**

All the associated demons  
All forms of manipulation  
Emotional manipulation  
Possessiveness of what they value

**Fear**

All the associated demons  
Over-Protective of their children

**Infirmities/Disease**

Migraines  
Headaches  
One part may have one infirmity while the other does not.

**Sexual Bondage**

All the associate demons

**Occult** - Possibility of all associated demons, but particularly

Abortion  
Antichrist  
Astral Projection  
Automatic Writing  
Death Suicide  
Demon Worship  
False Gifts  
Occult Dedications  
Occult Victim  
Satanic Worship  
Séances  
Trance  
Witchcraft  
Drank Blood of Urine  
Heard Voices  
Heard "Kill Yourself"  
Seen a Sacrifice  
Seen Demons  
Demonic Sex  
Exposure  
Fantasy Lust  
Incubus  
Molestation  
Pedophile  
Perversion  
Rape  
Sodomy  
Succubus  
Uncleanness

# HOW TO RECONIZE DID INDICATORS IN THE MINISTRY ROOM

Some of these descriptions will be obvious, others may be more subtle. There is no precise combination that need be in place for a person to be thought of as exhibiting dissociative indicators. However, if several are present, it is wise to ask the Holy Spirit what you are dealing with. Many MRs will have experienced severe emotional or physical abuse that will not have dissociated. Each MR interprets the events in their life in their own way.

<b>Abuse in their life</b>	97% of DID receivers have suffered serious abuse in their past. This is seen through continual abuse and lack of nurture throughout their life.
<b>Uneven life</b>	Can never seem to get a victory.
<b>Achievements</b>	
<b>Amnesia</b>	MR has memory loss for blocks of time, especially memory loss of childhood events. This is their inability to recall significant events or other important information which is too severe to be explained by ordinary forgetfulness. One part may remember what it has said while the other does not.
<b>Anger</b>	Anger is a feeling and is not under the control of the will. The body's normal response to a wrong suffered is anger. It is not condemned by God unless it is acted out in a harmful way or kept too long. Hate, on the other hand is not a feeling but a choice. Forgiveness is key here.
<b>Blinking of the Eyes</b>	As the new alter presents. This can be accompanied by changes in the face.
<b>Extremely co-dependant</b>	Inappropriate need to please.
<b>Creativity</b>	Highly level of creativity.
<b>Decision Making</b>	Inordinate indecision - about what clothes to wear, what to eat.
<b>Denial</b>	Observance of denial actions that are clearly seen by you.
<b>Depression</b>	In all its forms.
<b>Detachment</b>	Able to detach themselves by depersonalizing.
<b>Disconnection</b>	Feelings of being Disconnected (Something is wrong, but don't know what.)
<b>Different Voices</b>	Each identity has its own voice.      Example: a child part will have a voice that sounds like a child.
<b>Deprivation</b>	A sense of extreme lack and deficit in their lives.
<b>Dizziness</b>	Sudden onset during ministry.
<b>Emotional Problems</b>	MR exhibits a long history of many, diverse emotional troubles.
<b>Emotions</b>	Unable to feel emotion. Their response does not show feelings that would normally be there.
<b>Face changes</b>	As the new alter presents. This can be accompanys by the blinking of the eyes.
<b>Fantasizing</b>	High level of being able to fantasize.
<b>Fear, Panic Attacks &amp; Phobias</b>	The most powerful emotion that is used for manipulation by perpetrators. It is the driving force behind all the methods of control used within cults, including programming. Fears are usually associated with survival threatening situations and are difficult to erase. Fears rejection and even abuse from the Minister. Fear is demonically kept alive and growing in the MR.

<b>Fetal Positioning</b>	May go into a fetal position or cower in a corner in SSH
<b>Flashbacks</b>	Able to recall a traumatic event in vivid sensory form so that it seems like a re-experiencing of the event.
<b>Forgetfulness</b>	Some parts will remember while others are not able to.
<b>Gender Confusion</b>	Parts may present as sex opposites. This is common as each of us is created with a male and a female pole within. An Alter may assume the identity of someone of the opposite sex in their past (a kind man who treated them with compassion for instance can be a protector.)
<b>Guilt</b>	One of the common lies that child abuse victims have is that what happened is somehow their fault. This is true for fragmented parts as well.
<b>Handwriting</b>	Difference in their handwriting (can be noted on My Story)
<b>Headaches</b>	MR's system getting ready to rotate. Many times presenting as migraines Dizziness may also be present.
<b>Hearing Voices On the Inside</b>	If the voice is heard on the outside, most likely it will be demonic. Evidence of an internal dialog. Watch for the use of "we" rather than "I" when they are talking.
<b>Identity Confusion</b>	Conflict about who they are. They have lost their identity due to all the traumas.
<b>Inability to have fun</b>	All work and no play because they have had to become an adult in childhood in order to function or survive.
<b>Intelligence</b>	Highly intelligent and usually very bright.
<b>Mistrusting</b>	Often appear to be frightened and mistrusting.
<b>Mood Shifts</b>	MR is presenting different identities. Each identity has its own mind, will and emotions. A part may appear as frightened and then switch to being tough like, aggressive or volatile. Usually different voices will also present.
<b>Names Change</b>	Will refer to themselves by one name and then another in sessions.
<b>Nurture</b>	Evidence of lack of nurture.
<b>Secretive</b>	They will tend to have secrets they don't want to tell you because they have believed if they do, something bad will happen (abuser will kill someone or do something bad.)
<b>Self Mutilation</b>	Common among ritual survivors. The ungodly belief is generally that by subjecting the body to trauma it will strengthen the dissociative walls which protect the Core and the Host from knowing the intolerable realities of their abuse.
<b>Sleep Disorders</b>	Talks about how they have difficulties sleeping or staying asleep. Many trauma memories come up in sleep.
<b>Small</b>	Talks about feeling small or indicate parts of them are small.
<b>Suggestible</b>	Highly impressionable – wanting to please you even when you know they don't want to. Be cautious of this.
<b>Suicidal Tendencies</b>	Talk about how they have tried in the past and maybe even admit to present fantasies. This is especially seen when the Protector is presenting.
<b>Time</b>	Urgency about time. Tend to be late or in a hurry. Can't seem to finish what they start.
<b>Trance</b>	Will seemingly escape by going into a trance or seem to be elsewhere.
<b>Visualization</b>	Creative and imaginative minds make it easy to visualize.

# Do's in Dealing with DID Ministry Receiver

The goal in ministering to DID MRs is to build relationship with them, not try to get them to change. Integration is a process and not a one-time event. Therefore you must deal with the identities as they surface with the intention of getting to the original self when the time is right. Healing needs to occur at the mind, body, emotional and will levels for integration to occur.

We will never learn enough about how to work with DID MRs. It can't be learned from a book. It takes a while to get the "big picture" of what God wants to do in the sessions, in the MR'S life and in the life of everyone involved. As you gain experience working with DID MRs the Lord sends to you, you will be challenged, but with time, discernment and wisdom grows.

Providing support therapy for the DID MR is not for everyone. There are many considerations to be addressed before beginning the long and challenging journey. You must be familiar with the basic dynamics of DID and ritual abuse; the long-term effects of trauma and sexual abuse, the role of conflict, denial, and false beliefs in producing DID; and the dynamics of the system structure, programming and demonization. If God lays it upon your heart to go forward, He will give you what you need. But never assume this role lightly.

- **DO NO HARM** - When you are not in a place where you feel you can help the MR - REFER.
- Safety is always first. Victory in ministry will be hindered when the MR's current living environment lacks safety and support.
- Make sure that the MR has an outside support system (a community of believers who will walk with them, pray for them on a daily basis.) People who dissociate need other people to help them manage the outer world.
- Always have intercessory prayer back up.
- Actively seek to bring dissociated personality parts into a relationship with God.

## **BUILD TRUST**

- Take time to build trust.
- Believe what they tell you even though what they are telling you seems unbelievable. They will test you to see if you will reject them.
- Don't act shocked but ask the Lord to help you continue.
- Help them feel safe in this new environment.
- Express compassion, caring and connectedness. This is what they are looking for and what they need to be able to go to deeper levels.
- Use eye contact.

## **CONNECT WITH PRESENTING PART (Fragment or DID)**

- Start off the session by listening.
- Important to connect with validate presenting part.
- Listen to the presenting part.
- Allow them to express all of their emotions.
- Once they begin to share, make sure they know you believe them and that you respect them and that they are of value.
  - "I'm so sorry that happened to you."
  - No child should have to go through things like that."

- It sounds like there is a lot of pain around this memory.”
- As there are no good words to describe evil things, allow them to use whatever words they want to use (even swear).
- Physical hugs or a hand on their shoulder.
- Express love through your words.
- Ask them how life is for them.
- If MR is curious about you, share with them who you are and why you are there.
- Ask them if they have any questions for you.
- Ask them how they want you to treat them.
- Ask them what is going on.

### **ALWAYS TURN TO JESUS**

- **ALWAYS** defer to Jesus’ wisdom and answers, guidance, etc.
- If you discern that what Jesus is saying to them is not true, ask if this Jesus would bow his knee to the one and only true Jesus Christ of Nazareth? If false Jesus, he will usually leave.
- Ask Jesus to guide in the uncovering of any traumatic memories.
- When dealing with the unresolved emotions of the identities, ask Jesus what He wants to do with each emotion.
- When MR is switching back and forth between parts, ask Jesus to empower a leader. Have all the parts accept this person.
- If one part has not accepted Jesus as its Lord, work towards salvation for that part.
- Have a three-way conversation with the original self, the part and you as the Minister. Always include Jesus in this conversation, asking Him what He wants to do, what He has to say, what does He think about what is happening.
- Ask Jesus, in silent prayer, for direction when an obstacle is found.
- Ask Jesus for words of knowledge or an image from Him concerning the MR during sessions.
- Ask the Lord for discernment when a spirit is masquerading as a person to give directives to the MR.
- If one of the parts tells you that they are asleep, ask them if they will choose to open their eyes with Jesus help.
- Always defer to Jesus, don’t try to give them the truth, let Jesus do it.
- Always ask the Lord to show you if this is demonic or a part.

### **PROCEDURAL**

- Bind demons that may be interfering during the sessions.
- The dissociated traumas must be faced or the recurring problem behaviors (stomachaches, waking up anxious, unexplainable body pains, etc.) will remain stuck.
- Do whatever you can to recover the whole traumatic memory when it begins to emerge. The trauma is stored in the right half of the brain, where a story line cannot exist. It must be processed by the left side of the brain, where it can find its place in the MR’s conscious memory. Then it can be ministered to.
- Walk them through each memory as it comes to the surface, supporting the MR (it may be the first time they have ever told their story.)
- Have the parts make a commitment not to hate the other parts even though they may not like them.
- Allow them to deal with their Anger toward God.
- Allow the part to grieve over what happened; what didn’t happen; their lost childhood; lost innocence, lost dreams; lack of protection and security; even what they lost in their adult lives due to the dissociation.
- Always work toward a team effort.

- It is good to teach the MR to organize their day by getting into the part that can take charge. As soon as that part is connected to God, then you prepare the other parts to be ready to take over when their turn comes. Therefore, it is important that all the parts know each other so communication between them has to be established.
- Encourage the MR to live each day with their strong parts in charge. They might have to spend some time with the wounded parts, but the MR needs to be taught how to get back in control of the day.
- Give them teaching on the armor of God. Have them lock their shields of faith together.
- When MR is in crisis during the session, have them put on the armor of God.
- If parts are suicidal, you can wrap up the parts in a cocoon where they can be safe (Psalm 91) and where they will not be hurt. Pray the Word of God, night and day to those in the cocoon. Call forth the power of God into that cocoon.
- If MR is in a crisis, pray Zechariah 2:15 around them. "For I, says the Lord, I will be to her a wall of fire around about, and I will be the glory in the midst of her."
- If the parts are scattered, call back the parts from the North, South, East and West and ask them to come back and work together.
- Things that are "triggering" the MR need to be identified and plans should be thought through about how to deal with or how to avoid triggering situations.
- You can ask the MR to draw for you. This will give you great insight as to what is going on. (e.g. if the MR draws small hands, generally this reveals they have no defense.)
- Teach the MR's dissociated parts how to use their spiritual authority to carry on spiritual warfare.
- Teach the MR to teach their dissociated parts how to pray.
- If you have a DID MR who has encountered a trigger and their fear erupts, proceed with caution. Help them to notice the differences between the current setting and the past terror-evoking events.
- Guilt must always be addressed by helping the MR identify where true responsibility for the evil acts lies. Jesus is the only one who can truly convince them.
- Give the DID MR ample opportunity to express their anger and then give God the responsibility for bringing justice.
- DID MRs have taught themselves very well how not to remember events and people. It is important to help them remember the good things of their present-day situation.

## **Don'ts in Dealing with DID Ministry Receiver**

- **Never cast out a part because it is part of the person.** It can't go away, only dissociate and remain silent for a while.
- Do not carry out deliverance unless the MR is in agreement. If not, you will create chaos in the MR.
- Never attempt to do deliverance without getting God's truth and light into the house.
- Don't try to work with MR who have dissociated due to intentional mind control programming (Satanic Ritual Abuse (SRA) and other forms of intentional abuse and witchcraft.) Refer. Some indications of this might be the MR is under tunnels or a city; seeing an animal sacrifice; seeing someone being tortured or sexually abused; seeing babies killed.
- If you have a DID MR who has encountered a trigger and their fear erupts, proceed with caution.
- Do not try to work with MR if they have been politically programmed. They have been programmed to act at a time when they are triggered and on command (phone call or the likes.) It is best to refer them to someone who is more knowledgeable than you.
- Don't ever minister to anyone who is in crisis and is on a portable phone.
- DID Survivors should not be in church leadership positions – best to serve in the “helps” area.
- Best not to plead the “blood” of Jesus as this can put a part in crisis. Rather, plead the authority of Jesus Christ over them.
- Do not make the MR's parents their support person. This could set them up to be further victimized.
- Never, never, never go against the choice of the presenting part. Best to tell them that you will not make them do anything they don't want to do. Convince them that you are not going to take away their choice and that they have the final say.
- Don't expect to pick up where you left off at the last session. Start with what is currently presenting.
- Do not try to deny the existence of anger by having the MR repress sin or turn it inward. Remember each alter must be recognized as having its own anger issues.

### **ENCOURAGING WORDS FOR DISSOCIATIVE MINISTRY RECEIVERS**

- You deserve complete freedom and healing.
- You are not crazy.
- You will not die for remembering or telling.
- It is not uncommon to have strong suicidal thoughts or desires of self mutilation when you remember. With the help of Jesus, you can fight those thoughts. To give into them is to give into those who have hurt you.
- Those things you did as a child under the threats of your abuser were not your fault.
- Every person you meet is not a perpetrator and that includes your Ministers.
- Be prepared for body sensations and flashbacks. They are normal.
- The shame you feel is used to keep you in denial.
- It is a miracle from God that you survived. Pats of you are angry with God. They told you Jesus was involved in the torture. Let go of the anger toward God or it will delay your healing. Honor your survival. Honor your ability to dissociate. That is how you survived.
- If you survived the actual event, you can survive the memory.
- You may hate your body as it responded to the sexual abuse. (Forgive your body for responding and let go of the hate you hold towards it.)
- Give yourself permission to feel. You will grieve.

# COMMON STEPS TO FRAGMENTED INTEGRATION

(Not necessarily done in this order)

1. Develop a trusting relationship with MR.
2. Deal with the fragmented part as it surfaces.
3. Proceed with each identity using the RTF Integrated Approach.
4. At the end of the Interview you can ask MR if there is any part of them that has something to say or that hasn't said what it wants to say.
5. UGB- These can be the gateway the demons use. Ask Jesus to reveal what they have come to believe about the event. Ask them to repent of these beliefs and then ask Jesus to speak the truth. Follow the RTF UGB process.
6. SSH – KEY: Keep Jesus in the conversation at all times. Pray through the painful memory which caused the fragmentation. He fragmented part has to work through and resolve the trauma which caused them to fragment in the first place. Introduce Jesus to child parts. Follow RTF SSH ministry process.

Possible steps:

- Have MR ask Jesus “is I a wounded person, a fragmented person or a shattered person?”
- Ask MR if a piece of their heart was wounded.
- If stuck in one memory, ask MR “is there any other pockets of pain?”
- In fragmentation, the adult is generally in the memory with the child. Have the adult talk to the child part that is holding the pain. Say to the MR: “What would you like to tell that little girl? Would you like to tell her about your Jesus? This is generally where the little child will make the decision to invite Jesus into her heart. Then proceed with healing and integration as Jesus leads.
- Once you have its trust, you can ask the adult MR tell the fragmented part all about Jesus, how He loves them and about their relationship with Him.
- Keep going back to Jesus to answer any questions the part may have to give truth to the MR.
- Make sure all shock, trauma, fear and terror are removed off the identity and physical body.
- Ask Jesus to heal. Once healing has taken place, have the MR ask the part if it is willing to be reunited. If so, have the MR, ask Jesus how He wants to supernaturally do this?
- Watch Jesus come bringing hope, comfort and peace through His love.
- After integration, have MR ask Jesus what He wants to do next rather than stopping and then asking Jesus to bring them to another memory.
- DO - Remove the demonic around the identity. If there is a problem, ask Jesus if there is anyone that is stopping the deliverance. Ask who it is and then deal with it.

**IMPORTANT: THE RTF INTEGRATED APPROACH IS USED IN ALL FOUR MINISTRY AREAS.**

# COMMON STEPS TO DID INTEGRATION

(Not necessarily done in this order)

7. Develop a trusting relationship with MR.
8. Deal with the identities as they surface – one part at a time.
9. Proceed with each identity using the RTF Integrated Approach.
10. At the end of the Interview you can ask MR if there is any part of them that has something to say or that hasn't said what it wants to say?
11. UGB- These can be the gateway the demons use. Ask Jesus to reveal what they have come to believe about the event. Ask them to repent of these beliefs and then ask Jesus to speak the truth. Follow the RTF UGB process.
12. SSH – KEY: Keep Jesus in the conversation at all times. Pray through the painful memory which caused the identity to be formed. Each identity has to work through and resolve the trauma which caused them to split in the first place. Introduce Jesus to child parts. Follow RTF SSH ministry process.

Possible steps:

- Have MR ask Jesus, “am I a wounded person, a fragmented person or a shattered person?”
- Have MR ask Jesus” is my personality split?”
- Ask MR if a piece of their heart was wounded.
- If stuck in one memory, ask MR “are there any other pockets of pain?”
- Have MR ask Jesus if there are any parts that You want to heal at this time?
- Ask MR how many parts are there?
- Have MR ask Jesus if the parts are ready come out of hiding?
- Have MR ask the parts if they would be willing to come out?
- Have MR ask the Lord Jesus if He will bring them out of hiding?
- Ask Jesus to give the parts a safe place to rest in. If more than one part, gather them up.
- You can talk to a DID part only after you have asked the MR to get the part's permission. Tell the part that you are not going to ask it to do anything that it doesn't want to do. You just want to talk to it. Ask if it has a name.
- Once you have its trust, you can ask the adult MR tell the part all about Jesus, how He loves them and about their relationship with Him.
- Keep going back to Jesus to answer any questions the part may have to give truth to the MR.
- Make sure all shock, trauma, fear and terror are removed off the identity and physical body.
- Ask Jesus to heal. Once healing has taken place, have the MR ask the part if it is willing to be reunited. If so, have the MR, ask Jesus how He wants to supernaturally do this?
- Watch Jesus come bringing hope, comfort and peace through His love.
- After integration, have MR ask Jesus what He wants to do next rather than stopping and then asking Jesus to bring them to another memory.
- DO - Remove the demonic around the identity. If there is a problem, ask Jesus if there is anyone that is stopping the deliverance. Ask who it is and then deal with it.

**IMPORTANT: THE RTF INTEGRATED APPROACH IS USED IN ALL FOUR MINISTRY AREAS.**

## POSSIBLE PRAYERS FOR THE MINISTRY ROOM

Prayer: I command, in Jesus' name, that all clutter, blockage, lying, deception, and harassing spirits immediately to be bound.

Prayer: Lord Jesus, this part believes the body is still not safe, what do You want to say to him/her about that?

Prayer: Lord Jesus, this part believes that if he/she comes out of there, that \_\_\_\_\_ will come and get him/her. Is that true?

*Once they have connected with you and Jesus has answered their questions, they most often will be willing to return to the body. Jesus will often tell them that the body is not being hurt any more, or their abuser is not around any more.*

Prayer: Lord Jesus, I ask that by the power of the Holy Spirit You would sovereignly bring this part into a safe place.

Prayer: Lord Jesus, this part believes the body is still not safe. What do you want to say to him/her about that?

Prayer: Lord Jesus, I ask that by the power of the Holy Spirit, You would become Lord and Savior to this part. I ask that You would come to live in their heart, born again by the Spirit of God, transferred from a spirit of death to life, from darkness to light, from despair to hope. May this part know that all his/her sins have been forgiven, and all the sins committed against him/her, and that he/she has been washed clean – body, soul and spirit – inside and out, in the blood of Jesus Christ. I also ask that he/she would be able to release all of her/her pain to You. He/she does not have to carry it any longer. Lord Jesus, by the power of the Holy Spirit I ask that You would now supernaturally reunite this part to \_\_\_\_\_, body, soul and spirit.  
In Jesus Name, Amen.

Prayer: Lord Jesus, I pray that you would now seal this area by the power of the Holy Spirit, never to fracture again, as we welcome back this part. May \_\_\_\_\_ experience complete healing.  
In Jesus Name, Amen.

Prayer: Lord Jesus, what is Your word of encouragement at this time?

# **CHALLENGES AND BLESSINGS OF LIVING AS ONE AFTER INTEGRATION IN DID**

## **BLESSINGS**

- You will have a feeling of solidness for the first time.
- You can now feel the love of God and embrace it.
- You can now hear the voice of God without inside interference.
- You will be able to recognize other DID individuals easily.
- You will be sensitive to demonic presence.
- You will now be able to learn who you are which includes what kind of clothes you like, what kind of foods you like to eat, etc.

## **CHALLENGES**

- It is lonely
- Emotions are more intense.
- You cannot escape physical pain.
- You cannot forget recent hurtful events.
- No other part is there to help you make decisions.
- You must develop new coping skills during the healing process. If not, you will create new parts to cope.
- You may have to deal with flaws in your personality. Whereas you could once excuse them, you will now have to face them.
- If you are married, you will have to learn to relate to your spouse.
- If you have children, they will have to adjust.
- You will now have a realization that the abuse was real.

## Definition of Terms:

### Alter Identity

The part of the soul that is separated by dissociation from the Core and has a pattern of perceiving, thinking about, and relating to self, others, and the environment.

### Child Pain Parts

- Can happen as early as in the womb.
- Parts dissociate when they have to become an adult in childhood in order to survive. These MRs have a difficult time with child-like faith. All work and no play.
- Often frightened and untrusting.
- May fear abuse from minister.
- May cower in a corner, curl up in a fetal position or suck their thumb.
- May not know who the minister is.
- May be confident, friendly and spontaneous.
- May be independent or grouped with other children parts.
- Can display full range of human traits and characteristics.

### Controllers

The Alters who determine which one will come out at any given time to handle a given situation.

### Core

The Identity or the original person that was conceived in the womb. The *Original Self*. This Identity carries the strongest sense of the whole person. Goes to church; has a role of an intercessor or is the one connected to God

### DID

#### **Dissociative Identity Disorder**

The psychological phenomenon of having two or more distinct, enduring identities within a single person, each with distinct personalities of mind, will and emotions with at least two of them regularly taking executive control of the person's behavior (formerly known as Multiple Personality Disorder.)

#### **DIAGNOSTIC CRITERIA FOR DID**

- The presence of two or more distinct identities or personality states, each with its own relatively enduring pattern of perceiving, relating to, and thinking about the environment and self.
- At least two of these identities recurrently take control of the person's behavior.
- Inability to recall important personal information that is too extensive to be explained by ordinary forgetfulness.
- The disturbance is not due to direct physiological effects (blackouts or chaotic behavior due to alcohol intoxication or a general medical condition such as partial seizures.)

## **Dissociation**

A disconnection and splitting of the soul (mind, will and emotions) in a person. It involves a failure to combine or associate information and experience in a normally acceptable fashion. It is the process where part of the mind where events are normally stored shuts down and creates a different place where the pain and trauma is stored. On the lower end of the spectrum is fragmentation. Biological factor (25% of all children are born with the ability to dissociate)

### **Different Types of Dissociation**

- Separation from the adult/child
- Separation from the intellect/emotions
- Separation from the part that walks in addiction/ nice part
- Separation of partial personalities
- Separation between different parts
- Separation in complex DID (Political Programming)
- Separation as an involved DID (2-50 alters – *Three Faces of Eve*)
- Separation as complex DID (50-200 alters)
- Separation as a highly complex DID (over 200 alters)
- Separation between layers (lower levels of more evil trauma)
- Separation between good and evil

## **Fragment**

More than ½ of all MRs will have some degree of fragmentation. It is not rare by any means. This fragmented alter-identity has a limited life history and function that doesn't have a fully developed personality. Usually stuck in one specific traumatic memory or real life experience.

With fragmentation, you will hear statements such as:

- I wish I could be myself instead what others want me to be.
- I will withdraw within myself and become non-feeling.
- I can't ever verbalize my feelings.
- I have no opinions.
- I can't seem to connect with God.
- I don't know who I am.
- There is part of me that doesn't trust God.
- I can't seem to be able to make up my mind.

## **Host**

The Identity who is most often in control of the body, usually having little or no knowledge of any abuse.

## **Identity (Alter or Part)**

A person's distinct sense of self; referring to each divided part of the soul that was created by dissociation.

### **Different Ways Identities Can Be Formed**

1. When an event is traumatic enough to cause dissociation, a new identity fragment is formed to go through the experience.
2. An identity is created who mimics an important person to the Ministry Receiver (like one of their parents or an authority figure.)
3. Once dissociation becomes the preferred method of coping with difficult situations, when the person enters into a new situation in life they can automatically create a new identity to fit into the new role.

<b>Integration</b>	The process of joining a fragment or two Identities back into the Core so that they become one. A reversal of dissociation. Starts when the first identity reveals herself/himself to the Minister.
<b>Original Self</b>	The Identity or the original person that was conceived in the womb. The Core. This Identity carries the strongest sense of the whole person. Goes to church; has a role of an intercessor or is the one connected to God.
<b>Persecutors</b>	Alters who have identified with the motives and agenda of the abuser and will punish the other alters, both internally as well as externally when the alters do not perform as desired. They enforce all the old rules.
<b>Presenter</b>	An identity who consistently plays a role in normal daily living, usually having little or no knowledge of any abuse.
<b>Protectors</b>	Alters created to protect the person or explicit alters from any perceived danger and/or further abuse. Often carries a lot of anger and can be aggressive. May block minister from getting into the system at first. May be self-destructive or attempt suicide. Presents as tough, uncaring and scornful and very lonely. Makes sure the body obeys the internal rules.
<b>Reporter</b>	An alter who keeps track of the facts and relates them without emotion.
<b>Shattering</b>	This can happen when a child is abused. It can be likened to when a plate is thrown on the ground and breaks into many pieces. Only Jesus knows how many pieces there are and where they all are hiding. This can happen to people who are not DID just as much as to those who are. If the person is DID, however, an individual identity can shatter and fragment into many tiny pieces and the pieces go into hiding to find safety.
<b>System</b>	The entire group of identities within the person who has DID.