My Relationship with My Mother

Now complete the same exercise, this time to evaluate your relationship with your mother.

When I was a child, my mother was …

Characteristic	**always**	**very often**	**sometimes**	**hardly ever**	**never**	**don't know**
gentle						
stern						
loving						
aloof						
disapproving						
distant						
close and intimate						
kind						
angry						
caring						
demanding						
supportive						
interested						
discipliner						
gracious						
harsh						
wise						
holy						
leader						
provider						
trustworthy						
joyful						
forgiving						
good						
cherishing of me						
compassionate						
impatient						
unreasonable						
strong						
protective						
passive						
encouraging						
sensitive						
just						
unpredictable						