

Evaluating My Relationship with God

- Answer openly and honestly. Don't respond from a theological knowledge of God, but from personal experience.
- Don't describe what the relationship ought to be, or what you hope it will be, but what it is right now.
- Some people feel God might be displeased if they give a negative answer. Nothing is further from the truth. God is pleased with our honesty. A foundation of transparency is required for growth to occur.
- Turn each characteristic into a question. For example: *To what degree do I really feel that God loves me? To what degree do I really feel that God understands me?*

TO WHAT DEGREE DO I REALLY FEEL GOD IS ...

Characteristic	always	very often	sometimes	hardly ever	never	don't know
gentle						
stern						
loving						
aloof						
disapproving						
distant						
close and intimate						
kind						
angry						
caring						
demanding						
supportive						
interested						
discipliner						
gracious						
harsh						
wise						
holy						
leader						
provider						
trustworthy						
joyful						
forgiving						
good						
cherishing of me						
compassionate						
impatient						
unreasonable						
strong						
protective						
passive						
encouraging						
sensitive						
just						
unpredictable						